

Providing a Safe Return to Practice



The **Virginia Health Practitioners' Monitoring Program (HPMP)** is here to assist qualified healthcare practitioners with a substance use diagnosis, a mental health or physical diagnosis, that may alter their ability to practice their profession safely. HPMP provides an alternative to disciplinary action by providing comprehensive and effective monitoring services toward the goal of each participant's return to safe, productive practice. The goal is to assist and support each participant in the recovery process, including achieving and maintaining optimal physical, mental, and emotional health.

The Department of Health Professions (DHP) contracts with the Department of Psychiatry at the Virginia Commonwealth University Health System to provide confidential services for health practitioners enrolled in the HPMP, including:

- **Intake** to determine program eligibility
- **Referrals** to providers for clinical assessment and treatment
- **Monitoring** of treatment progress and clinical practice
- **Toxicology screening** for alcohol and/or drugs when indicated

Eligibility for Services

In order to be eligible for participation in the program, you must hold a current, active Virginia license, certification or registration issued by one of the regulatory boards of the Department of Health Professions. You may also be eligible for up to one year if you are:

- Applying for licensure, certification or registration for the first time
- Applying for a reinstatement of your license, certification or registration

The **HPMP Orientation Handbook** provides further details about the HPMP program and monitoring process. The handbook is available online at www.dhp.virginia.gov/hpmp.

Contact us:

701 E. Franklin St.
Suite 1407
Richmond, VA 23219

Call: 1 (866) 206-4747

Email: vahpmp@vcuhealth.org

Learn more:

www.dhp.virginia.gov/hpmp

Hours of operation:

Mon-Fri 8:30 a.m. to 5:00 p.m. except holidays

FREQUENTLY ASKED QUESTIONS

What is the HPMP program?

The HPMP is designed to monitor healthcare professionals who are diagnosed with a substance use disorder or mental health or physical condition that may be impairing. Participation in the program provides individualized referrals to assist a practitioner with their progress toward recovery, health and safe return to practice.

How do I get started?

Our experienced team is available to confidentially answer your questions and receive referrals, including self-referrals. Contact the Virginia HPMP toll-free at **1 (866) 206-4747** or email **vahpmp@vcuhealth.org**.

The HPMP website lists helpful resources and includes important information about the program. Please visit **www.dhp.virginia.gov/hpmp**.

Will this result in disciplinary action?

In many cases, voluntary participation may avoid disciplinary action and, in the absence of criminal behavior or Board action, public records may not be generated.

What can I expect?

Interested practitioners must contact the intake representative at Virginia HPMP and must sign a participation contract before entering the HPMP. If represented by an attorney, participants will be asked to sign a release of information form allowing the attorney access to their program information.

What is the cost?

Enrollment in the monitoring program is free. However, any costs associated with treatment and/or screenings are the responsibility of the participant.